

Congress of the United States
House of Representatives
Washington, DC 20515-0508

Dear Applicant,

Thank you for contacting me regarding an appointment to the United States service academies. I appreciate hearing from you at this important point in your life.

I consider making nominations to the service academies one of my most privileged responsibilities as a Member of Congress.

The high quality of education provided by each of the academies is one of the most prestigious available anywhere in the world. The academic, physical, and character requirements are stringent.

I am sending you information about the academies, as well as a preliminary application form that needs to be filled out and returned to my office by December 4th of the year prior to the year you are seeking to begin at an academy. You also need to contact through their respective website the academies you are interested in attending. These websites are:

- West Point – www.usma.edu
- U.S. Naval Academy – www.usna.edu
- U.S. Air Force Academy – www.usafa.af.mil
- U.S. Merchant Marine Academy – www.usmma.edu
- U.S. Coast Guard Academy – www.cga.edu

Each U.S. Representative and Senator may have five cadets from their district at each of the academies at any one time. The number of vacancies is then determined by the number of cadets who either graduate or leave the academies each year.

The Merchant Marine Academy appointments are made by the Academy itself, based on statewide nominations from Congress.

Appointments to the Coast Guard Academy are made through the nationwide competition. Students who are interested in an appointment should contact the Academy directly at the website on the previous page since this Academy does not participate in the Congressional nomination system.

In addition to the preliminary application form I will use in the selection process, you will also need to mail seven additional items to be postmarked no later than December 4th of the year prior to the year you intend to start at an academy.

1. Three (3) personal references whom I may contact
2. Three (3) letters of recommendation in addition to the personal references

3. A transcript of your grades
4. The enclosed form completed by either a principal or guidance counselor
5. A copy of your SAT and/or ACT scores
6. A recent photograph
7. A typed, double-spaced 250 word essay based on the theme, "Why I want to Attend a U.S. Service Academy"

If you have further questions, please call Jan Leja at my Yucaipa district office at (909)-797-4900. I look forward to hearing from you in the near future.

Sincerely,

A handwritten signature in blue ink that reads "Paul Cook". The signature is fluid and cursive, with the first name "Paul" and last name "Cook" clearly distinguishable.

Col. Paul Cook (Ret.)
Member of Congress
Eighth District of California

U.S. Rep. Paul Cook
8th Congressional District – California
U.S. Service Academy Nomination Application

Year of High School Graduation _____

Please type or print:

It is my desire to attend the U.S.: ___Air Force Academy; ___Military Academy (West Point); ___Naval Academy

Full Name: _____
First Middle Last

Legal Address in California: _____
Street City Zip County

Home Telephone: () _____ Other/ Mobile Telephone: () _____

Temporary Address: _____
Street City Zip County

Temporary Telephone: () _____

Social Security Number: _____ Date of Birth: _____

Place of Birth: _____

Visual Acuity (uncorrected): _____ Height: _____ Weight: _____

Father's name: _____ Occupation: _____

Mother's name: _____ Occupation: _____

College (if applicable): _____

Years attended: _____

U.S. Service Academy Nomination Application – Page Two

High School: _____

Counselor: Mr. / Ms. _____ Telephone: _____

Extracurricular Activities – High School Only

Indicate grades for all that apply:

	Boy's State/Boy's Nation		Eagle Scout		Church involvement
	Girl's State/Girl's Nation		Boy Scout		School band/ chorus
	President of Student Government		Girl Scout		Jr. ROTC officer
	Other student gov't office		School club officer		Jr. ROTC
	Other class office		Key Club		School pub. Editor
	Student Council Member		Language or science club		Community award (explain)
	National Honor Society		Non-school club officer		Other (explain)

Athletic Participation – High School Only

Sport	Grade	Varsity	Position	Letter	Captain	Honors
	9 10 11 12					
	9 10 11 12					
	9 10 11 12					
	9 10 11 12					
	9 10 11 12					

If you are employed, how many hours per week:

After school: _____ Summer: _____

Explanations: _____

U.S. Service Academy Nomination Application – Page Three

Check one and complete:

_____ I have taken the following tests on the dates indicated:

SAT _____ and/or ACT _____

_____ I have not taken the required tests, but plan to take:

SAT _____ and/or ACT _____

Complete if applicable:

I am also seeking a nomination through Senator/ U.S. Rep./ Vice President: _____

I have not previously sought a nomination through Senator/ U.S. Rep./ Vice President: _____

Please read thoroughly before signing:

I have read the information sheet explaining the nomination procedure and am familiar with the requirements. I certify that I am a legal resident of the 8th Congressional District of California. If I have not submitted all necessary data by the December 1st deadline, I understand that I may not be given final consideration for a nomination.

Signature: _____ Date: _____

Return to:

**U.S. Representative Paul Cook
Attn: Jan Leja
Yucaipa District Office
34282 Yucaipa Blvd.
Yucaipa, CA 92399**

**U.S. Rep. Paul Cook
8th Congressional District – California
U.S. Service Academy Nomination Application
Principal/Counselor Form**

This form must be completed by either high school principal or high school guidance counselor for candidate for nomination to one of the U.S. service academies.

Name of Applicant: _____
First Middle Last

Address: _____
Street City Zip County

Name of school: _____

Address of School: _____

High school telephone: () _____

Applicant's year in school: _____ GPA: _____
(percentile rankings unacceptable)

Applicant's numerical junior year class ranking: _____

SAT Score: _____ Verbal: _____ Math: _____

ACT Score: _____

Leadership characteristics: _____

Personality traits: _____

**U.S. Service Academy Nomination Application
Principal / Counselor Form
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Ability to work under pressure: _____

Ability to get along with others: _____

List school activities in which applicant participates: _____

General comments and/or recommendation:
(please complete this section as your comments are most helpful)

Signature/Title: _____ Date: _____

Please send this form and a transcript showing final junior grades for the applicant to:

**U.S. Representative Paul Cook
Attn: Jan Leja
Yucaipa District Office
34282 Yucaipa Blvd.
Yucaipa, CA 92399**